

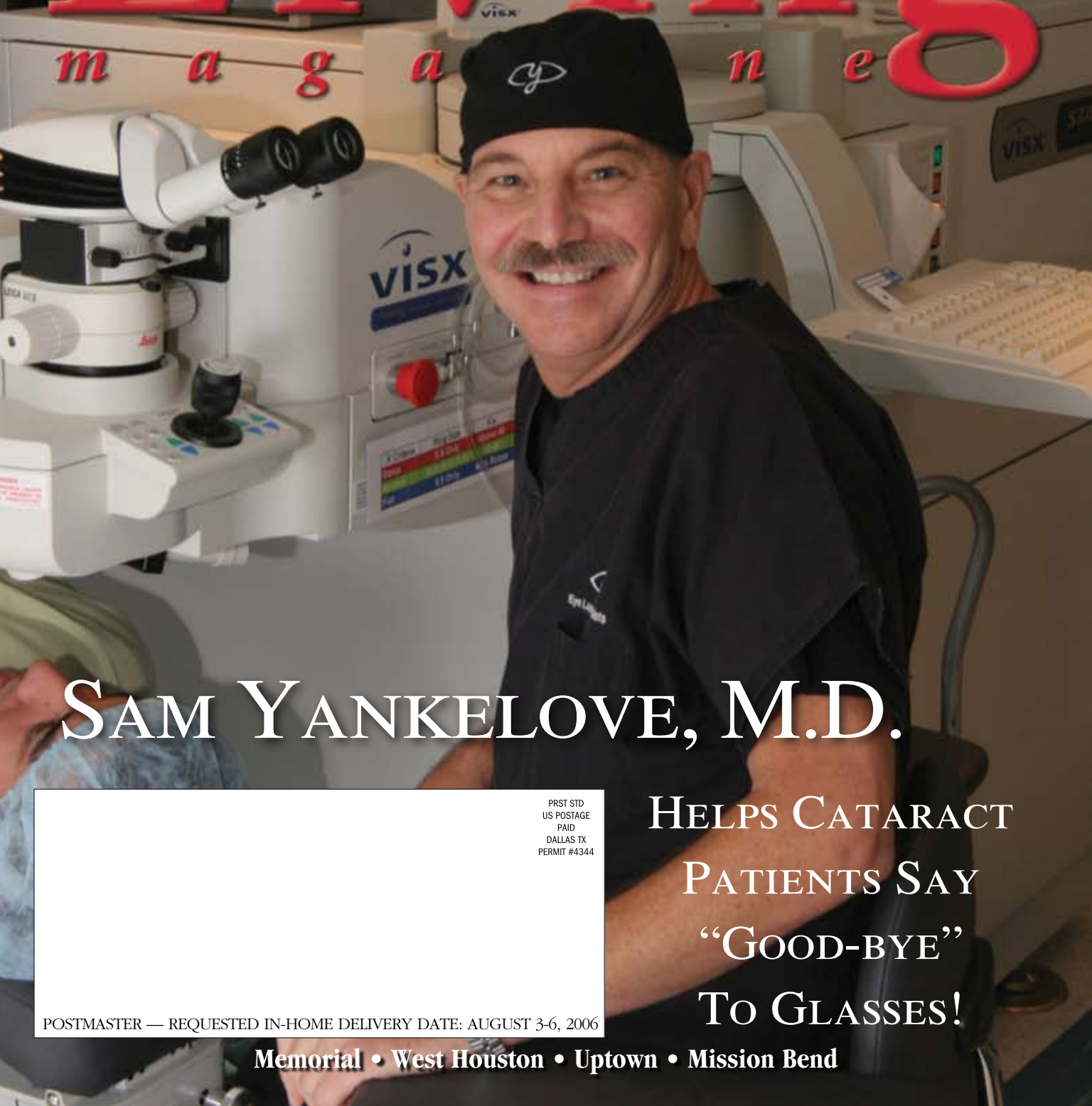
Your Guide to a Vibrant Lifestyle

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Living

m a g a z i n e



SAM YANKELOVE, M.D.

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HELPS CATARACT
PATIENTS SAY
“GOOD-BYE”
TO GLASSES!

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Is *Life* WITHOUT GLASSES POSSIBLE FOR *You?*

By Meredith Knight



Multifocal lens implant technology allows 90 percent of patients to be able to say “good-bye” to glasses and contacts forever.

Don't you just hate not being able to see things up close without your reading glasses? Keeping up with those magnifiers can be a hassle. Ever mixed up shampoo and conditioner? Or had trouble reading the menu or the hymnal? If you wear bifocals or progressive lenses you have to hold your head just right so that you can

switch back and forth from reading distance to computer distance or driving distance. Perhaps you tried wearing one contact lens for distance and another for reading. Not exactly a perfect solution! Some folks have even undergone laser vision correction so that they can see at a distance only to find that after a couple of birthdays they need to start wearing glasses for reading.

“After about age 40, natural changes occur in our vision,” explains Dr. Sam Yankelove, board certified eye surgeon. “Biologically what is happening is that the natural lens in our eyes grows just like hair and skin does, but because the lens is encased it stiffens as fibers are added. That is why you begin to lose your reading vision and with additional aging, many of us lose our distance vision and even develop cataracts.”

The good news is that thanks to the advanced-technology lens implant procedure, Dr. Yankelove is able to eliminate the need for both reading and distance corrective lenses for more than 90 percent of patients. “I have been implanting multifocal lenses since 1996 and have been able to give a level of spectacle independence to many patients, including my pediatrician, my mother-in-law, and friends. New-generation implants allow a broader range of people to benefit. My wife, Dale, enjoyed terrific vision until about age 39. She then progressed from needing reading glasses to using bifocal spectacles or multifocal contact lenses and

even then required part-time readers. The breakthrough in advanced technology implants allowed me to confidentially offer her a wonderful alternative,” said Dr. Yankelove.

Dale Yankelove comments, “I’m 49. Sam and I like to travel and glasses were a pain to keep up with. I could not do anything without wearing bifocals or contacts. I could not shop. I couldn’t go out to dinner without corrective lenses to help me see far away and other lenses for up close. The lens replacement procedure was painless. I had my second eye treated a week later. There were no needles, no stitches. I was in the center for about an hour, left, came home, took a nap, then got up and watched TV that night. There were no side effects other than some temporary light sensitivity and I have not picked up a pair of glasses or contact lenses since.”

Most adults start to see a dramatic change in their eyesight in their mid-40s or early 50s. Laser vision correction has been great for making focusing adjustments to the front of the eye (cornea), and restoring distance vision. People have been happy with that. Because of laser vision correction, active Baby Boomers have been able to ski, play golf, jog and play tennis without corrective lenses, but they have resigned themselves to the whole reading glasses thing as a natural part of aging. Now, that too can be corrected permanently as well.

“With lens replacement procedures, I am able to adjust for both Mother Nature and Father Time,” Dr. Yankelove said. “The treatment is actually performed behind the pupil and replaces the aging dysfunctional lens as in cataract surgery. As a matter of fact, lens replacement eliminates the chances of getting cataracts by 100 percent.” Many people have advanced lens replacements done as an upgrade to traditional cataract surgery but others are having it done to get out of bifocals and avoid the slow deterioration process associated with cataracts. A patient who’s had laser vision correction is still likely to develop cataracts later in life. By removing the natural lens and replacing it with permanent artificial ones, the possibility of cataracts is avoided all together and the need for glasses or contact lenses for life is greatly reduced.

Dr. Yankelove is one of the country’s most experienced eye surgeons, having performed thousands of successful cataract and refractive surgeries here in Houston over the past



25 years. He holds sub-specialty certifications from both the American Board of Eye Surgeons and the American Academy of Ophthalmology. He is also a mentor for the Alcon ReSTOR lens and advises other eye surgeons with their questions in managing multifocal lens patients. “The choice of who cares for your eyes and vision is not a choice you should take lightly,” says Dr. Yankelove. “Besides being technically skillful, a good surgeon must determine the best and most appropriate technology to use for each patient. That is why I examine not just the individual’s specific eye anatomy but also his or her specific lifestyle needs, taking into account occupation, night driving habits, computer use and other daily visual tasks before I customize the advanced technology that is best for them. There are three major brands of lens implants available: the ReSTOR lens, the ReZoom lens and the Crystalens. It’s not a one-size-fits-all endeavor. I go to great lengths to determine which is best for each patient trying to match the technology to the patient’s needs and sometimes even use a combination of technologies.”

Flexible payment plans are available and include some with no interest financing. Some procedures are covered by Medicare or other insurance plans. The best way to get started is to call for a free in-office consultation. A candidacy determination will be rendered and counselors will review your particular insurance plan and come up with the most affordable method for you.

“It is amazing to see how modern medicine allows a body part to gain better function than what nature has created. But that is what is possible with multifocal lens implant technology,” says Dr. Yankelove. “How exciting it is to not just regain normality but to achieve even higher levels of performance than what was previously possible.”

For more information about these products, visit our Web site at www.yankelove.com or call 713-827-8311 to schedule your consultation. 